DISTRICT SCHOOL BOARD OF NIAGARA

St.Davids Bulletin

JUNE 5TH, 2019

1344 York Road,
St. Davids, Ontario
Telephone: (905) 262-4533
stdavids.dsbn.org
Principal - Mrs. Tracy Leemet

SPECIAL POINTS OF INTEREST:

- Just a reminder that we have students who are allergic to nuts. Please check packaging carefully when sending food with your child. Thank you!

UPCOMING EVENTS

JUNE

10 Regional track meet
11 Ints leave for Quebec City
12 Instrumental Music demonstration
13 Kindergarten trip to Superstore
14 Gr 3s to Niagara Conservatory
Ints return
17 Bagels with Dad
Jr 3 pitch
19 Rankin assembly
20 Playday in pm
24 Beach day/Bike Rodeo for JK/SK
25 Grade 8 graduation 6pm
26 Report cards go Home
Juniors year end trip
27 Assembly
Last day !!!!

DSBN SUMMER PROGRAMMING 2019

For students presently in grade 6 moving in to gr 7
The "Super in 7" program is an experience that helps students prepare for grade 7. At the end of the program, students will have stronger language skills, increased math skills, and have more confidence which will help them succeed in grade 7.
It runs at AN Myer Secondary School, July 3rd-23rd from 8:30-1:30, Monday to Friday.

For students presently in grade 7 moving in to gr 8
The "Gr 8 in 8" program is an experience that helps students prepare for grade 8. At the end of the program, students will have stronger language skills, increased math skills, and have more confidence which will help them succeed in grade 8.
It runs at AN Myer Secondary School, July 3rd-23rd from 8:30-1:30, Monday to Friday.

For students presently in grade 8 moving in to gr 9
The "High School Headstart Program" helps students get ready for their first year of high school. Students learn important organizational and time management skills, develop their language and math skills and at the end of the program have increased their confidence for a new start in high school.
It runs at AN Myer Secondary School, July 3rd—23rd from 8:30-1:30, Monday to Friday

Please check out the link below for registration information and FAQ.

https://dsbn.org/programs-services/lifetime-learning/EarnCredits/SummerPrograms

Clean Your Hands

Cleaning your hands is the most effective way to prevent the spread of germs. Regular hand cleaning with soap and water, or an alcohol based hand sanitizer will reduce the risk of getting sick.

Cleaning your hands should occur:

- Before preparing meals
- Before eating
- After using the washroom
- After coughing or sneezing
- After blowing your nose
- After playing with pets
- After playing outdoors

Use warm water and soap and lather and scrub for at least 15 seconds if your hands are visibly dirty.

For more information, talk to your school nurse or go to www.niagararegion.ca/health.

Technovation Teams

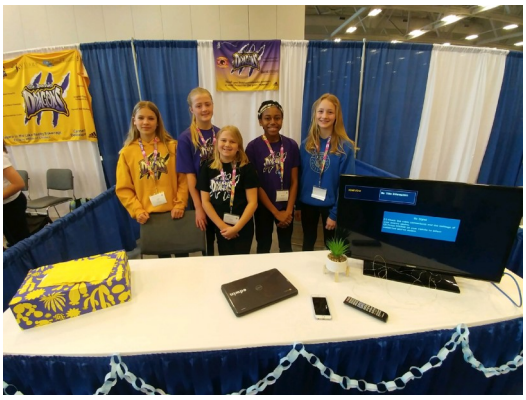
For the last three years, a small number of St. Davids girls, grades five to eight, have participated in the "Technovation Challenge." Technovation is the world's largest technology entrepreneurship program for girls aged 10-18 (sponsored by companies like Google, Oracle, and Adobe). It's an international competition that involves identifying a problem (in their community) and developing a mobile app that addresses the problem. In past years, students at St. Davids have focused their efforts on relating to individuals with physical impairments ("Compassion Compass") and respect for LGBTQ youth ("WE R 1").

This year, St. Davids fielded two teams. One called "My Eyes", a largely informational app to help the blind and the other called "Bee You.".

My Eyes Team—Lauren, Tasha, Kylie, Valerie, Michaiah
Bee You Team—Hailee, Ayla, Maya, Leah

Both teams did their pitch at the Regional Competition and both placed in the top 5. Amazing!! Bee you team won a silver medal and will move on to the next level of competition. They also presented their pitch recently at the DSBN board meeting. We are super proud of both teams!!

A big thank you to Mr Bateson who organized and ran the time since its inception in October!!



SAFE AND SECURE SCHOOLS

We strive to maintain our school as a safe and secure learning environment for out students. Access to our school will only be through the front door, and visitors will be buzzed in. To ensure student safety, all visitors must:

- only access the school through the front door
- Check in at the office before going to a classroom
- Sign in using the "Visitor Sign In" book located in the main office
- Wear a visitor's sticker during your stay with us
- Use washrooms designated for adults, as student washrooms are for children only
- If you are dropping off an item for your child or picking him/her up for an appointment, you may simply check in at the office as per usual and allow one of our staff members to take care of your request.

Thank you for your support in this matter of student safety.

How Long Must My Child Stay Home When Sick?

Please keep your child at home and away from others if he or she has any of these symptoms:

- Fever
- Diarrhea
- Vomiting
- Rash
- Frequent coughing or sneezing
- Yellow or green discharge from the nose, ears, or eyes
- Sore throat

Contact your family doctor for a diagnosis. Your doctor will advise you about care and treatment if a communicable disease is diagnosed. For more information, please contact the Infectious Disease Program at 905-688-8248 ext. 7330 or 1-888-505-6074 or www.niagararegion.ca

Niagara Region

BELL TIMES FOR 2019/20

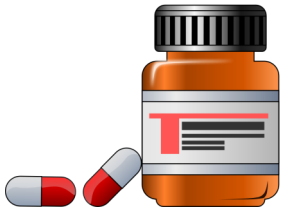
8:45 - 9:00 Supervision begins
9:00 - 9:50 Period 1
9:50 - 10:40 Period 2
10:40 - 11:20 Fitness/Nutrition Break
11:20 - 12:10 Period 3
12:10 - 1:00 Period 4
1:00 - 1:40 Fitness/Nutrition Break
1:40 - 2:30 Period 5
2:30- 3:20 Period 6

Int 3-pitch

Congratulations to the St. Davids Intermediate 3Pitch team on winning the tournament! The championship game against Carleton ended in a 12-2 score. Great job Dragons on a fun-filled day of sportsmanship, competition, and teamwork!
A big thank you to Mr Hall and Ms Dee for coaching!!
The Int 3-pitch members are: Tasha, Kylie, Rachel, Melia, Leah, Jack, Calvin, Jon, Lauren, Tyler V, Sawyer, Cole and Tyler L. Congrats!!

School's website is: stdavids.dsbn.org

School and Classroom Newsletters will be posted every month on the website. Please be sure to check it



Don't forget to pick up your medications at the end of the month so that you have them over the summer months!!

Year End Survey

As the school year is winding down, it is a good time to reflect on the year and discuss both the things that worked well and the things that we need to review. We would appreciate if you would take a few minutes of your time to give us some feedback to help guide our planning for next year. The survey was sent out to all families through email. Please contact the office if you would prefer a paper copy.

Library Books

The circulation for library books is now over the year. Please take a peek throughout your home to ensure that there are no books that are owing to the school. Mrs Borrowman will be sending home notes with the students who currently owe books. Thank you for your help!

Student of the Month Winners for May

CLASS	STUDENT OF THE MONTH	CHARACTER AWARD
Mrs Wood KDG Mrs. Wright	Zachariah I	Riley N Jenelle T
Mrs. Parravicino KDG Ms. Bodnar	Cara V Maggie A	Clark B Mathew K
Mrs. Mussari KDG	Logan	Johnny L
Mrs. King Grade 1/2	Charlotte A	Lea G Ashwin M
Mrs. Nikkel Grade 1	Daniil B	Max L
Ms. Black Grade 2	Olive P Ava S Lucas C	Pablo G
Mrs. Hoadley Grade 2/3	Penny H Marcus H	Nathan P
Mrs. Crawford Grade 3	Ezekiel F	Avery S
Mr. Gienow Grade 4	Noah G Bella H	David N
Mrs. Heidebrecht Grade 4/5	Tyleenah Sophie K	Mariska C
Mr. Bateson Grade 5/6	Valerie Y Ephraim M	Oliver H
Mr. Hall Grade 6/7	Ezekiel I Danika S	Sofia D
Mr. Primeau Grade 7/8	Natalie B Austin R	Melia K

Proposed Teaching Assignments 2019-20

As June wraps up, our minds turn to staffing and class placement for the Fall. Class placement is an onerous task that continues through the summer months into the first few weeks of fall. Some of the factors which will be considered are: the balance of boys and girls, the learning styles of students, class dynamics, siblings, organizational skills, academic abilities and any behavioural concerns. Our goal is to provide a learning environment in which all of our students will be most successful. The finalized class lists will not be available until the first day of school.

ELKP	Mrs Parravincino, Mrs.French, Mrs. Wood-Rici
Gr 1	Mrs Mussari
Gr 1	Mrs King
Gr 2	Mrs. Black
Gr 2/3	Mrs Crawford
Gr 3	Mrs Hoadley
Gr 4	Mrs Heidebrecht
Gr 5	Mr Gienow
Gr 5/6	Mr Bateson
Gr 6/7	TBD for Mrs Kerr
Gr 7	Mr Hall
Gr 8	TBD for Mrs Funk
French	Mrs Borrowman
LRT	Mrs Kotsanis
Prep	Mr Climenhage, Mrs Koabel
Lib	Mrs Koabel
Principal	Mrs Leemet
Secretary	Mrs Lococo
Custodian	Mr Adam

We will not be taking any written requests for next year's classes. The teaching staff have an in-depth knowledge of not only your child's needs but also the bigger picture of the needs of all of the children in the grade and which situation will best meet each child's strengths and learning styles. If you wish to have a conversation with your present classroom teacher, please feel free to do so but know that no guarantees can be made. Thank you for your understanding with this complex matter!

We are thrilled to welcome Mrs Meaghan French who will be teaching one of the kindergarten classrooms and comes to us from Caistor Public School. We will be hiring two long term occasional positions for the gr 8 and 6/7 class. At this time, Educational Assistant and Early Childhood Educator staffing has not been allocated. Staffing is still continuing and nothing is set in stone until after the second week of September is done and our numbers are confirmed.

Fight the bite!

Ticks, mosquitos and rabid animals have no boundaries and can be a risk to you and your family when walking to and from school or work, waiting at the bus stop, family trips, while playing in the yard at home or at the park.

Protect yourself and your family from West Nile Virus:

- Reduce standing water where mosquitoes breed
- Cover up, wear long sleeved shirts, long pants, hats socks and shoes
- Repair any damaged window screens
- Use insect repellants containing DEET or Icardin (follow manufacturer's instructions)

Reduce the risk of Lyme disease:

- Wear light coloured clothing to help spot ticks
- Use insect repellants containing DEET or Icardin (follow manufacturer's instructions)
- Check yourself, your children and pets for ticks after being outdoors
- Cut your grass and dispose of leaf litter where ticks can live

Prevent rabies:

- Vaccinate your pets
- Do not feed or approach any wild, stray or strange animals
- Do not trap, transport, keep or pet any wild animals
- Do not try and nurse sick animals back to health

Presently, all of these diseases exist in Niagara. For more information, contact Niagara Region Public Health.
905-688-8248 ext. 7590 or 1-888-505-6074

SCHOOL IS ALMOST OUT FOR SUMMER!!

Summer is right around the corner and the sun is shining! But before you or your children run outside for outdoor activities, make sure you remember the 5 S's…

- **Slip**: on some clothes that will protect your skin from the sun (loose-fitting and tightly woven are best).
- **Slop**: on some sunscreen that is at least SPF 30 and filters UVA & UVB rays (broad-spectrum). Put sunscreen on 20 minutes BEFORE you go outside, so it can soak in. Don't forget your ears, nose and feet if you are wearing sandals! Lips should also be protected with SPF 30 lip balm.
- **Slap**: on a wide-brimmed hat to protect your face, ears and neck
- **Seek**: shade when outside between 11am-4pm

Slide: on some sunglasses that have 100% UVA & UVB filters.

Sun damage can happen quickly, so make sure to remind youth about these 5 S's.

For more information on sun safety visit https://www.niagararegion.ca/living/health_wellness/sunsafety/sun-safety-tips.aspx

A.N. MYER OUTDOOR BASKETBALL CAMP
(ONLY OUTDOOR BASKETBALL CAMP IN NIAGARA)

REGISTRATION: PHIL MAZZONE SPORTS COMPLEX (HUGGINS ST.)
DATES: JULY 1-5, 2019

AGES: 6-13 (CO-ED CAMP) KIDS ENTERING GRADE 9 IN SEPT. ARE ELIGIBLE

TIME: 8:30 AM – 11:30 PM (note time difference from previous year-3 hour camp)

COST: $100.00 CAMP FEATURES: SKILL INSTRUCTION SHOOTING CONTESTS
($190 FOR 2 FAMILY MEMBERS) INTERNAL 3 ON 3 TOURNAMENT FULL COURT GAMES

CAMP DIRECTORS: V. DiMARTINO S. HILLIKER
(OVER 45 YEARS OF BASKETBALL EXPERIENCE) (HIGH SCHOOL COACH-OVER 30 YEARS EXP.)

REGISTRATION OPTIONS:
IN PERSON: A.N. MYER S. S. MAIN OFFICE DURING REGULAR SCHOOL HOURS (8:00 AM - 4:00 PM)
BY MAIL: 6338 O'NEIL ST., NIAGARA FALLS ONTARIO, L2J 1M7
(CALL 905-358-5753 FOR MORE INFORMATION)

REGISTRATION FORM

NAME:_____AGE:_____MALE_____FEMALE_____

ADDRESS:_____PHONE: (H)_____

Healthy Kids HPE

10 5 2 1 0

Let's find a healthy balance!

Kids need the right balance throughout their day to help them to learn, play, and grow. This includes getting enough sleep, having healthy food and drinks, being physically active, and limiting time in front of screens. 10-5-2-1-0 are daily recommendations for children and youth aged 5-17. Here are some tips to help your family aim for 10-5-2-1-0 on most days:

10 hours or more of sleep

- Try to keep your child's bedtime the same every night *(even on weekends!)*.
- Turn off all screens at least one hour before bedtime and remove screens from children's bedrooms. The bright lights and stimulation from screens can make it harder for children to fall asleep.
- Be active for at least 60 minutes everyday.
- Avoid foods and drinks with caffeine *(pop, chocolate, coffee, tea)*.
- Create a relaxing bedtime routine.

5 or more servings of vegetables & fruit

- Offer vegetables and fruit at every meal or snack.
- Be a role model—when kids see you enjoying vegetables and fruit, they are more likely to eat them.
- Eat the rainbow! Offer a variety of vegetables and fruit in as many colours as possible.
- Have grab and go choices like veggies and dip, fresh fruit, or unsweetened fruit sauces.
- Offer vegetables and fruit without pressure, even if a child has refused them before. It can take 10 tries or more before a child learns to like a new food!
- Choose whole vegetables and fruit instead of juice, which is high in sugar.

2 hours or less of screen time

- Develop a family screen time plan to set family screen time limits.
- Put screens away at least one hour before bedtime.
- Remove screens from children's bedrooms.
- Eat meals away from screens and as a family.
- Keep non-screen activities ready to occupy your children during times when you are busy.
- Declare family screen-free days or even a screen-free part of your day.
- Rearrange your home to reduce access to screens, especially in spaces where your family eats meals and snacks or where your children sleep.

1 hour or more of physical activity

- Go for walks around the neighbourhood to discover new places to play.
- Walk or ride bikes to school, to the store or the park.
- Provide plenty of unstructured play time.
- Parents should be active role models. Show them you like to move too!
- Practice movement skills like running, jumping and throwing.
- Spend time outside every day. When kids are outside, they move more and sit less.

0 sugar-sweetened drinks

- Serve water at every meal and snack.
- Between meals and snacks, offer only water to drink. This will keep kids hydrated without filling up their stomachs.
- Be a role model by making water your drink of choice. Kids are more likely to drink water if they see you drinking it.
- Make water the drink of choice during sports. Sugary sports drinks are not needed for most activities.
- Limit sugar-sweetened drinks as much as possible.
- Offer white milk or unsweetened fortified soy beverage *(up to 2 cups per day)* to help kids get enough vitamin *D*.
- Encourage kids to reach for whole fruit instead of juice.
- Pack a re-usable water bottle for your child to use at school.

www.hpepublichealth.ca/105210

To request this document in an alternate format, call 613-966-5500; TTY: 711 or visit www.hpepublichealth.ca.

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